



# STIFTELSEN BRÖDET

Newsletter to friends and supporters

Early spring 2019

*Dear Friends and Supporters,*

## “Wheel chair journey” to Estonia

At the end of October 2018 the SB Foundation was asked by Ülo Kalm, vice chairman of the Communal Council in Hapsal, Estonia, if the Foundation could send wheel chairs, walkers and crutches to a handicap centre there.



As the Foundation does not have its own supply of those items, we contacted Bernt Texén from the Oss Help in Småland (southern Sweden). Bernt in turn contacted the Gnosjö Help organisation. Through good cooperation

between the three organizations, the handicap items were found and at the beginning of February this year, Bernt Texén and Lena Åkerlund left with the fully loaded van and a trailer.

Läänemaa Handicap Society was happy to receive 35 wheel chairs and about 50 walkers and a large number of crutches. The regional newspaper in Hapsal sent their photographer as well as a reporter in order to record the event. The article is to be seen and read online <https://online.le.ee/2019/02/06/galerii-invauhing-sai-palju-abivahendeid/>



*Bernt Texén and pastor Toomas Vallimäe*



*Here some of the wheel chairs are unloaded. Ülo Kalm with a number of walkers.*



Along the Estonian coast and on the islands offshore there used to live a large number of Estonian Swedes. Sadly, many of them had to flee at the end of the Second World War. But there still is a small Swedish speaking population striving to keep their traditions for example through Aiboland's museum. In Hapsal is also Ilon Wikland's fairy tale land, and both are worth seeing and very enjoyable.



For the last 5 years, the Foundation has also supported the Food Bank in Hapsal with 1,000 Euros each year for gasoline costs, so that food can be distributed all over the province. We took the opportunity of paying a visit there and met the manager, who showed us all around the premises and told us about the work and activities.



*The entrance of the Food Bank, supply premises, the manager and Bernt Texén.*

Fortunately the Independence of Estonia in 1991 has led to an economical lift, and the standard of living in the country has been raised considerably. Since 2004, Estonia is also a member of the European Union. But Ülo Kalm emphasized that there is still much in the country that needs to be improved, and that takes time. Those who suffer the most are, he said, handicapped and single mothers with children.

In Hapsal we saw many churches and were pleasantly surprised that several of the persons who helped us to unload, and those whom we met in other ways, belonged to various Christian congregations, so the churches are active and cooperate well.

During the Soviet Union era it was forbidden to fly the Estonian flag, so when the Estonian Swedes wanted to raise the flag, they made a flag of their own with Estonian and Swedish colours in blue, black and yellow. As such a flag did not officially exist, it could actually not be forbidden.

**Greetings**

**Stiftelsen Brödet** and all board

*Lena, Roger, Arne, Bo, Elisabeth, Ivar*

**Stiftelsen Brödet - BG 900-4201 och PG 90 04 20-1, Swish 1239004201**

Org.nr: 802401-2844, [www.stiftelsenbrodet.se](http://www.stiftelsenbrodet.se), e-mail: kontakt@stiftelsenbrodet.se

Stiftelsen Brödet, Att. L.Åkerlund, Grev Turegatan 64, 114 38 Stockholm Tel: 070-2545233

Styrelse: Lena Åkerlund, ordf, Roger Arvidsson, sekr, Bo Claesson, Arne Wikström, Suppl: Ivar Boman, Elisabeth Kedland Hofberg